



Each relay participant is required to fill out a separate form.

Gender:

Male  Female

T-shirt Size: M  L  XL

Team/relay use only-check your event

Swim  Bike  Run

Is this a husband and wife event?

Yes  No

Husband  Wife

Clydesdale  Lady Athena

Men 200lbs & over/Women 150lbs & over

Checks Payable: TRIWNY

Mail To:

Quakerman Triathlon

55 Silent Meadow Lane

Orchard Park, NY 14127

In consideration of your accepting this entry, the undersigned intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Quakerman Triathlon & Duathlon, Quaker Kids, TRI WNY, Dan Horan, Orchard Park, all sponsors, the people of New York, their offices, agents and employees, for all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event and that my physical condition has been verified by a licensed medical doctor. Further, I hereby grant permission to any of the foregoing to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose whatsoever.

Signature: \_\_\_\_\_

(Parent of guardian if under 18 years of age)

Date: \_\_\_\_\_

Timing Provided By:



## Our Generous Sponsors:



Sunday, June 27 2010  
8:00 AM

Green Lake @ Yates Park  
Orchard Park, NY

**Race Director**  
Dan Horan: 716.667.2651 / 716.830.6703

Design By Wawro Creative  
Project Inquiries to:  
Stephen Wawro  
swawro@gmail.com

**716-830-6703**  
**TRIWNY.com**

**2010**